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| 05.10.2020  PAZARTESİ | MENEMEN, BEYAZ PEYNİR, SİYAH ZEYTİN, KIZARMIŞ EKMEK, BAL, SÜT (TURKISH SPICY OMELETTE, WHITE CHEESE, BLACK OLIVE, TOASTED BREAD, HONEY, MILK) |  | MERCİMEK ÇORBASI, TAZA FASÜLYE ZEYTİNYAĞLISI, BULGUR PİLAVI, MEVSİM SALATA(RED LENTIL SOUP, GREEN STRING BEANS, BULGUR PILAF, SEASONAL SALAD) |  | GRANÜL BAR, PORTAKAL SUYU(GRANOLA BAR, ORANGE JUICE) |  |
| 06.10.2020  SALI | SÜTLÜ YUMURTA, BEYAZ PEYNİR, SİYAH ZEYTİN, TAHİN-PEKMEZ, DOMATES, SALATALIK, MEYVE ÇAYI/ SÜT(MILKY OMELETTE, WHITE CHEESE, BLACK OLIVE, TAHINI-MOLASSES, TOMATO, CUCUMBER, FRUI T TEA/ |  | YAYLA ÇORBASI, KIYMALI MUSAKKA, PİRİNÇ PİLAVI, YOĞURT(COLD SUMMER SOUP, EGGPLANT WITH MINCED MEAT, RICE , YOGHURT) |  | MEYVELİ KEFİR, GALETA(FRUIT KEFIR, CRACKER) |  |
| 07.10.2020  ÇARŞAMBA | KAŞARLI OMLET, BEYAZ PEYNİR, SİYAH ZEYTİN , DOMATES, SALATALIK , CEVİZ , SÜT(OMELETTE WITH CHEESE, WHITE CHEESE, BLACK OLIVE, TOMATO, CUCUMBER, WALNUT, MILK) |  | MERCİMEK ÇORBASI, EKŞİLİ KÖFTE ,BULGUR PİLAVI, MEVSİM SALATA(LENTIL SOUP, SOUR MEATBALLS, BULGUR PILAF, SEASONAL SALAD) |  | TAZE SIKILMIŞ PORTAKAL SUYU ÇÖREKOTLU KURABİYE (FRESHLY SQUEEZED ORANGE JUICE, COOKIE WITH BLACK SEED |  |
| 08.10.2020  PERŞEMBE | BEYAZ PEYNİRLİ YUMURTALI EKMEK DİLİMİ, SİYAH ZEYTİN,CEVİZ, DOMATES-SALATALIK, MEYVE ÇAYI /SÜT(A SLICE OF BREAD WITH WHITE CHEESE&EGG, BLACK OLIVE, WALNUT, TOMATO-CUCUMBER, FRUIT TEA/MILK) |  | DOMATES ÇORBA , HİNDİ SOTE, KEPEKLİ MAKARNA , MAŞ FASULYELİ MEVSİM SALATA(TOMATO SOUP, TURKEY SAUTE, WHOLE WHEAT PASTA, MASH BEANS, |  | KARPUZ (WATERMELON) |  |
| 09.10.2020  CUMA | HAŞLANMIŞ YUMURTA BURGU PEYNİR , ZEYTİN ,BAL, TAHİN-PEKMEZ , MEYVE ÇAYI/SÜT(BOILED EGG, BURGU CHEESE, OLIVE, HONEY, TAHINI-MOLASSES, FRUIT TEA/MILK) |  | EZOGELİN ÇORBA, BULGURLU SEMİZOTU YEMEĞİ, PEYNİRLİ/KIYMALI TEPSİ BÖREĞİ, (EZOGELIN SOUP, PURSLANE WITH KINOALI, BOREK WITH CHEESE&MINCED MEAT) |  | GRANÜL BAR(GRANOLA BAR) |  |
| 12.10.2020  PAZARTESİ | PATATESLİ OMLET, SİYAH ZEYTİN, BEYAZ PEYNİR, SALATALIK, DOMATES , BAL SÜT(OMELETTE WITH POTATOE, BLACK OLIVE, WHITE CHEESE, CUCUMBER, TOMATO, HONEY, MILK) |  | ŞEHRİYE ÇORBA, KIYMALI NOHUT YEMEĞİ, BULGUR PİLAVI, MEVSİM SALATA(VERMICELLI SOUP, CHICKPEA WITH MINCED MEAT, BULGUR PILAF, SEASONAL SALAD) |  | MUHALLEBİ(PUDDING) |  |
| 13.10.2020  SALI | HAŞLANMIŞ YUMURTA -SİYAH ZEYTİN,BEYAZ PEYNİR TAHİN-PEKMEZ, ,MEYVE ÇAYI SÜT(BOILED EGGS, BLACK OLIVE, WHITE CHEESE, TAHINI-MOLASSES, FRUIT TEA) |  | KIRMIZI MERCİMEK ÇORBA, , KIYMALI BULGURLU SEMİZOTU YEMEĞİ ,FIRIN MAKARNA, YOĞURT(RED LENTIL SOUP, PURSLANE WITH BULGUR&MINCED MEAT, OVEN BAKED PASTA,YOGHURT) |  | MEYVEL DİLİMLİ KEFİR, KEK(FRUIT KEFIR, HOME MADECAKE) |  |
| 14.10.2020  ÇARŞAMBA | OMLET , ZEYTİN, BURGU PEYNİR,DOMATES, SALATALIK, CEVİZ, IHLAMUR SÜT(OMELETTE, OLIVE, BURGU CHEESE, TOMATO, CUCUMBER, WALNUT, LINDEN TEA) |  | YAYLA ÇORBASI, ET SOTE, FESLEĞENLİ KUSKUS, MEVSİM SALATA(HIGHLAND MINT SOUP, MEAT SAUTE, COUSCOUS WITH BASIL) |  | MEYVE SALATASI(FRUİT SALAD) |  |
| 15.10.2020  PERŞEMBE | FIRINDA YUMURTALI EKMEK BEYAZ PEYNİR, ZEYTİN ,DOMATES,SALATALIK, BAL,SÜT(OVEN BAKED BREAD WITH EGGS, WHITE CHEESE, OLIVE, TOMATO, CUCUMBER) |  | DOMATES ÇORBA, KIYMALI KABAK YEMEĞİ, KEPEKLİ MAKARNA ,YOĞURT(TOMATO SOUP, ZUCCINI WOTH MINCED MEAT, WHOLE WHEAT PASTA, YOGHURT) |  | LİMONLU KEK, KEFİR(LEMON CAKE, KEFIR) |  |
| 16.10.2020  CUMA | SÜTLÜ OMLET, BEYAZ PEYNİR ,ZEYTİN, TAHİN-PEKMEZ, MEYVE ÇAYI SÜT(OMELETTE WITH MILK, WHITE CHEESE, OLIVE, TAHINI-MOLASSES, FRUIT TEA, MILK) |  | ALACA ÇORBA, FIRINDA SEBZELİ GEZEN TAVUK, PİRİNÇ PİLAVI, MEVSİM SALATA (ALACA SOUP, OVEN BAKED CHICKEN WITH VEGETABLES, RICE PILAF, SEASONAL SALAD) |  | KANEPE, AYRAN(CANAPE, AYRAN) |  |
| 19.10.2020  PAZARTESİ | HAŞLANMIŞ YUMURTA, SİYAH ZEYTİN, BEYAZ PEYNİR , SALATALIK, BAL, CEVİZ, SÜT(BOILED EGG, BLACK OLIVE, WHITE CHEESE, CUCUMBER, HONEY, WALNUT, MILK) |  | TARHANA ÇORBA, TAZE FASULYEPİRİNÇ PİLAVI , MEVSİM SALATA(TARHANA SOUP, RAVIOLI, SEASONAL SALAD) |  | MEYVE SALATASI, KURU ÜZÜM, KURU KAYISI, CEVİZ(FRUIT SALAD, DRIED GRAPE,DRIED APRICOT, WALNUT) |  |
| 20.10.2020  SALI | HAŞLANMIŞ YUMURTA, ZEYTİN ,SALATALIK, TAHİN-PEKMEZ, BEYAZ PEYNİR MEYVE ÇAYI SÜT(BOİLED EGG,, OLIVES, CUCUMBER, TAHINI-MOLASSES, WHITE CHEESE, FRUIT TEA/MILK) |  | ALACA ÇORBA ,HİNDİ SOTE, ERİŞTE, AYRAN(ALACA SOUP, TURKEY SAUTE, NOODLE, AYRAN) |  | LOR PEYNİRLİ POĞAÇA, BALLI IHLAMUR ÇAYI(PASTRY WITH CURD CHEESE, LINDEN TEA WITH HONEY) |  |
| 21.10.2020  ÇARŞAMBA | MENEMEN, SİYAH ZEYTİN, SÜT DAMLASI PEYNİR, SALATALIK, IHLAMUR SÜT(TURKISH SPICY OMELETTE, BLACK OLIVE, MILKDROP CHEESE, CUCUMBER, LINDEN TEA/MILK) |  | DÜĞÜN ÇORBA, ETLİ kURU FASULYE YEMEĞİ, BULGUR PİLAVI , CACIK(WEDDING SOUP, BEANS WITH MINCED MEAT, BULGUR PILAF, YOGURT WITH CUCUMBER SLİCES) |  | BİTTER DAMLA ÇİKOLATALI KURABİYE, MEYVE(COOKIE WITH BITTER CHOCOLATE, FRUIT) |  |
| 22.10.2020  PERŞEMBE | SEBZELİ OMLET, BEYAZ PEYNİR, ZEYTİN, DOMATES, SALATALIK, TAHİN,-PEKMEZ, SÜT(OMELETTE WTH VEGETABLES, WHITE CHEESE, OLIVE, TOMATO, CUCUMBER, TAHINI-MOLASSES, MILK) |  | TARHANA ÇORBA , KIYMALI BİBER DOLMA, BULGUR PİLAVI YOĞURT, MEVSİM SALATA (TARHANA SOUP, STUFFED PEPPER WITH MINCE, BULGUR PILAF, YOGHURT, SEASONAL SALAD) |  | TARÇINLI KURABİYE, MEYVE ÇAYI(CINNAMON COOKIE, FRUIT TEA) |  |
| 23.10.2020  CUMA | SÜTLÜ YUMURTA KIZARMIŞ EKMEK, BEYAZ PEYNİR, YEŞİL ZEYTİN, DOMATES ,SALATALIK,BAL, IHLAMUR SÜT(TOASTED BREAD WITH MILK&CHEESE, WHITE CHEESE, GREEN OLIVE, TOMATO,CUCUMBER,HONEY, LINDEN TEA/MILK) |  | SEBZE ÇORBA , KÖFTE BAZLAMA BURGER,AYRAN(VEGETABLE SOUP, BURGER WITH MEATBALL&FLATBREAD, AYRAN) |  | MEYVELİ YOĞURT, PEYNİRLİ KANEPE(YOGHURT WITH FRUIT, CANAPE WITH CHEESE) |  |
| 26.10.2020  PAZARTESİ | HAŞLANMIŞ YUMURTA, ZEYTİN, DİL PEYNİRİ ,SALATALIK, BAL, KUŞBURNU ÇAYI SÜT(BOILED EGG, OLIVE,STRING CHEESE, CUCUMBER, HONEY, ROSE HIP TEA/MILK) |  | TARHANA ÇORBA ,KIYMALI KURU FASULYE YEMEĞİ, PİRİNÇ PİLAVI, CACIK(TARHANA SOUP, STRING BEANS WITH MINCE, RICE PILAF, TZATZIKI) |  | SÜTLAÇ(DESSERT MADE WİTH RİCE AND MILK) |  |
| 27.10.2020  SALI | KAŞARLI OMLET, BEYAZ PEYNİRİ, ZEYTİN, TAHİN-PEKMEZ, SÜT(OMELETTE WITH CHEESE, WHITE CHEESE, OLIVE, TAHINI-MOLASSES, MILK) |  | EZOGELİN ÇORBA , KIYMALI KABAK YEMEĞİ, YOĞURT, MEYVE(EZOGELIN SOUP, ZUCCHINI WITH MINCED MEAT, YOGHURT) |  | DERE OTLU POĞAÇA, AYVALI IHLAMIR ÇAYI(PASTRY WITH DILL, LINDEN TEA WITH QUINCE) |  |
| 28.10.2020  ÇARŞAMBA | HAŞLANMIŞ YUMURTA, ZEYTİN, DOMATES,SALATALIK, TAHİN-PEKMEZ, MEYVE ÇAYI SÜT(BOILED EGG, OLIVE, TOMATO,CUCUMBER, TAHINI-MOLASSES, FRUIT TEA/MILK) |  | BROKOLİ ÇORBA, KIRMIZI BİBERLİ MİSKET KÖFTE, FIRIN PATATES, PİRİNÇ PİLAVI MEVSİM SALATA(BROCOLI SOUP,MEATBALLS WITH RED PEPPER, OVEN BAKED POTATO, RICE PILAF, SEASONAL SALAD) |  | SÜT, MAHLEPLİ TARÇINLI KURABİYE(MILK, COOKIE WITH CINNAMON&MAHALEB) |  |
| 29.10.2020  PERŞEMBE | FIRINDA YUMURTALI BEYAZ PEYNİRLİ EKMEK, ZEYTİN, DOMATES, SALATALIK, KURUKAYISI-CEVİZ, SÜT(OVEN BAKED BREAD WITH WHITE CHEESE&EGG, OLIVE, TOMATO, CUCUMBER, DRIED APRICOT-WALNUT, MILK) |  | DOMATES ÇORBA, FIRINDA SEBZE GRATEN, KİNOLAI KISIR, AYRAN(TOMATO SOUP, VEGETABLE GRATIN IN OVEN, KISIR WITH KINOA, AYRAN) |  | HAVUÇLU-TARÇINLI KEK, IHLAMUR(CAKE WITH CARROTS&CINNAMON, LINDEN TEA) |  |
| 30.10.2020  CUMA | OMLET BEYAZ PEYNİR, ZEYTİN, DOMATES,SALATALIK, TAHİN,-PEKMEZ , IHLAMUR SÜT(OMELETTE WITH WHITE CHEESE, OLIVE, TOMATO, CUCUMBER, TAHINI-MOLASSES, LINDEN TEA/MILK) |  | TARHANA ÇORBA, MEVSİM BALIĞI , KARNABAHAR TOPLARI , SALATA(TARHANA SOUP, SEASONAL FISH, CAULIFLOWER BALLSİ SALAD) |  | AYRAN, PİŞİ(AYRAN, TURKSIH FRIED BREAD) |  |
| 02.11.2020  PAZARTESİ | HAŞLANMIŞ YUMURTA, ZEYTİN, BEYAZ PEYNİR, SALATALIK, BAL, KUŞBURNU ÇAYI SÜT(BOILED EGG, OLIVE, WHITE CHEESE, CUCUMBER, HONEY, ROSE HIP TEA/MILK) |  | YAYLA ÇORBA, KIYMALI YEŞİL MERCİMEK YEMEĞİ, PEYNİRLİ TEPSİ BÖREĞİ, KOMPOSTO(HIGHLAND MINT SOUP, GREEN LENTIL DISH WITH MINCE, TEPSI BOREK WITH CHEESE, COMPOSTE) |  | DAMLA SAKIZLI MUHALLEBİ, MEYVE SALATASI(MILK PUDDING WITH GUM MASTIC, FRUIT SALAD) |  |
| 03.11.2020  SALI | SÜTLÜ YUMURTA , ZEYTİN, DOMATES,SALATALIK, TAHİN-PEKMEZ, BEYAZ PEYNİR SÜT (MILKY OMELETTE, OLIVE, TOMATO, CUCUMBER,TAHINI-MOLASSES, WHITE CHEESE, MILK) |  | DÜĞÜN ÇORBA , GEZEN TAVUK SANDAL SEFASI, DOMATESLİ BULGUR PİLAVI, MEYVE(WEDDING SOUP, FREE-RANGED CHICKEN, BULGUR PILAF WITH TOMATO, FRUIT) |  | KURABİYE,  MANDALİNA(COOKIE, TANGERINE) |  |
| 04.11.2020  ÇARŞAMBA | OMLET , SİYAH ZEYTİN,SÜT DAMLASI PEYNİR, SALATALIK,IHLAMUR SÜT(OMELETTE, BLACK OLIVE, MILKDROP CHEESE, CUCUMBER, LINDEN TEA/MILK) |  | KIRMIZI MERCİMEK ÇORBA, ANKARA TAVA, ZEYTİNYAĞLI- PORTAKALLI KEREVİZ , YOĞURT(RED LENTIL SOUP, ANKARA CASSEROLE, CELERY WITH OLIVE OIL&ORANGE, YOGHURT) |  | MOGNOLİA |  |
| 05.11.2020  PERŞEMBE | HAŞLANMIŞ YUMURTA KIZARMIŞ EKMEK, BEYAZ PEYNİR, ZEYTİN, DOMATES ,SALATALIK,BAL, IHLAMUR SÜT(BOILED EGG, TOASTED BREAD, WHITE CHEESE, TOMATO, CUCUMBER, HONEY,MILK) |  | YOĞURT ÇORBA, HİNDİLİ TÜRLÜ YEMEĞİ, FIRINDA MAKARNA, MEVSİM SALATA(YOGHURT SOUP, TURKEY SAUTE DISH, OVEN BAKED PASTA, SEASONAL SALAD) |  | AYRAN, PİŞİ(AYRAN TURKISH FRIED BREAD) |  |
| 06.11.2020  CUMA | KAŞAR PEYNİRLİ OMLET, ZEYTİN,DOMATES,SALATALIK, TAHİN-PEKMEZ,SÜT(OMELETTE WITH CHEESE, OLIVE, TOMATO, CUCUMBER, TAHINI-MOLASSES, MILK) |  | ŞEHRİYE ÇORBA, BEŞAMEL SOSLU KIYMALI KARNABAHAR YEMEĞİ, SEBZELİ BULGUR PİLAVI YOĞURT, (VERMICELLI SOUP, CAULIFLOWER WITH MINCE&BECHAMEL SAUTE, BULGUR PILAF WITH VEGETABLES, YOGHURT) |  | SAKALLI POĞAÇA, TAZE SIKILMIŞ PORTAKAL SUYU(PASTRY WITH GREENS&CHEESE, FRESHLY SQUEEZED ORANGE JUICE) |  |
| 09.11.2020  PAZARTESİ | HAŞLANMIŞ YUMURTA, ZEYTİN BEYAZ PEYNİR,SALATALIK, BAL, KUŞBURNU ÇAYI,SÜT(BOILED EGG, OLIVE, WHITE CHEESE, CUCUMBER, HONEY, ROSE HIP TEA/MILK) |  | DOMATES ÇORBASI, ETLİ NOHUT YEMEĞİ,BULGUR PİLAVI MEVSİM SALATA(TOMATO SOUP, CHICKPEAS WITH MEAT, BULGUR PIILAF, SEASONAL SALAD) |  | KEK, LİMONATA(FRUIT PARFAIT, LEMONADE) |  |
| 06.11.2018  SALI | FIRINDA YUMURTALI BEYAZ PEYNİRLİ EKMEK,ZEYTİN,DOMATES,SALATALIK,KURU KAYISI,CEVİZ,SÜT(OVEN BAKED BREAD WITH EGGS&WHITE CHEESE, OLIVE,TOMATO,CUCUMBER, DRIED APRICOT,WALNUT, MILK) |  | EZOGELİN ÇORBA MACAR GULAŞ KARABUĞDAY PİLAVI,MEYVE(EZOGELIN SOUP, HUNGARIAN GOULASH, BUCKWHEAT PILAF, FRUIT) |  | HAVUÇLU İRMİKLİ TOPLAR  IHLAMUR(CARROT BALLS WITH FARINA, LINDEN TEA) |  |
| 07.11.2018  ÇARŞAMBA | SÜTLÜ OMLET, ZEYTİN DOMATES SALATALIK TAHİN PEKMEZ SÜT(OMELETTE MADE WİTH ADDED MİLK, OLIVES, TOMATO,CUCUMBER, TAHINI-MOLASSES, MILK) |  | ETLİ DÜĞÜN ÇORBASI SEBZELİ TÜRLÜ DOMATESLİ BULGUR PİLAVI MEVSİM SALATA(WEDDING SOUP WITH MEAT, VEGETABLE DISH, BULGUR PILAF WITH TOMATO, SEASONAL SALAD) |  | KURABİYE, TAZE SIKILMIŞ ATOM(COOKIES WITH NUTS, FRESHLY SQUEEZED ATOM) |  |
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